



EAR SQUASH SYNDROME

It doesn't just affect teenagers...

*Does your ear ever get
squashed at night when
you sleep?*

Are you over 21?

*Or does someone you
know and care about
have this concern?*

Ear Squash Syndrome is more common than you might think. Leading research suggests that 1 in 10 people over the age of 21 suffer from this painful and confusing problem.

Why does it hurt?

The ear gets squashed.

Why am I too stupid to figure out how to avoid it?

It's not that you are stupid. The problem lies with the actual ear/ pillow relationship, and some relationships your body has with the world are private.