
THE BURNT CHOP SYNDROME



Overcoming Guilt
(associated with a Catholic upbringing)

Your health is essential in order
to do good in this world.

Only French cutlets provide the path
to enlightenment.

Burnt Chop Syndrome is so 1999.

Associate your past Catholicism with
positive things.

Eat bread and drink wine without
any prior interference.

Burn churches not chops!

Do something worth feeling guilty about.

Take copious amounts of valium.

Drink copious amounts of
watered-down red wine
and eat only small circular pieces of wafer.

Befriend pre-pubescent boys.

Repeat to yourself "Martin Bryant killed 39
people, I haven't done that yet".