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# THE BURNT CHOP SYNDROME

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Overcoming Guilt  
(associated with a Catholic upbringing)

Dig holes in your backyard or your neighbour's.

Search out the chop;  
face the chop;  
encounter enlightenment.

Borrow as much money as you can without  
any intention of paying it back.

Detach yourself from the demonized charcoal  
and revel in its newly discovered glory.

Embrace the tarnished flesh as if it were  
the last morsel left on the earth.

Let it go!

Burnt chops are yummy, eat it quick!

Our father who art in heaven blessed be  
the burnt chop devotee!

Hail Mary full off burnt chop!

Nobody cares anyway dude.